Serving Size: 100 grams		
	Typical values	
Kilocalories	700	
Calories from Fat	477	
Total Fat 1	53g	
Saturated Fat	13g	
Polyunsaturated Fat	35g	
Monounsaturated Fat	5g	
Cholesterol	Ög	
Vitamin E	4 IU	
Vitamin A	0	
Vitamin C	0	
Sodium	1 mg	
Iron	0 mg	
Calcium	11 mg	
Magnesium	11 mg	